

**2010 Bethany Lutheran College
Winter Baseball School
Registration Form**

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Telephone: _____

Grade FALL 2009: _____ Graduation year: _____

Shirt Size (circle one) S M L XL XXL (adult sizes)

Parent/Guardian Name(s) _____

Emergency Phone # _____

My son will attend the following camp(s):

___ Hitting School (All 6 Sessions) \$100

___ Pitching School (All 6 Sessions) \$100

___ Both Hitting and Pitching Schools \$150

Enclosed is a check made payable to Bethany Baseball Camp for \$ _____

Please Return to: Ryan Kragh-Baseball Coach
Bethany Lutheran College
700 Luther Drive
Mankato, MN 56001
julie.thomas@blc.edu

Parent/Guardian Release and Indemnity Agreement:

I hereby release Bethany Lutheran College, Bethany Baseball School, its directors and employees from all claims on account of injuries which may be sustained by my son while attending the camp. I agree to indemnify Bethany Lutheran College and Bethany Baseball School and its directors and employees for each claim which may hereafter be presented by my son as a result of such injuries. I also certify that my son is medically fit to participate in your program and grant permission for medical attention if needed during camp activities.

Parent/ Guardian Signature:

2010 BLC Winter Baseball Camp Credit Card Payment Form

Camper name(s): _____

Type of Credit Card (Visa, Discover, Master Card, etc.): _____

Account number: _____

Expiration date: month: _____ year: _____

Name and Address of CARD HOLDER:

Name _____ Address _____ City _____ State _____ Zip _____

TOTAL: \$ _____

I hereby authorize Bethany Lutheran College to debit the \$100/\$150 registration fee per child per school for the 2009 Bethany Lutheran College Winter Baseball Camp from my credit card listed above.

_____ (signature required)

bethany lutheran college

**BASEBALL WINTER
CAMPS 2010**

Hitting School

Jan. 17, 24, 31

Feb. 7, 14 & 21

| | |
|-------------------|------------------|
| Grade 1-3 | 1:00 p.m. |
| Grade 4-5 | 2:00 p.m. |
| Grade 6-8 | 3:00 p.m. |
| Grade 9-12 | 5:00 p.m. |

Pitching School

Jan. 17, 24, 31

Feb. 7, 14 & 21

| | |
|-------------------|------------------|
| Grade 4-5 | 1:00 p.m. |
| Grade 1-3 | 2:00 p.m. |
| Grade 6-12 | 4:00 p.m. |

**BETHANY LUTHERAN COLLEGE IS A
NON-PROFIT ORGANIZATION**

ABOUT WINTER BASEBALL SCHOOL

HITTING SCHOOL

This camp will give your son a head start on the upcoming spring season. The camp offers a low player-coach ratio where each hitter will receive individual attention in a small group atmosphere. Each hour-long session will include hands-on coaching from members of the Bethany Baseball staff. The hitters will go through a series of different stations that will offer a fun yet challenging environment. This type of instruction will hopefully get your son in great baseball shape and put him well on his way to being a successful hitter in the upcoming season.

PITCHING SCHOOL

This camp will focus on the basic mechanics, throwing techniques, and strategies of pitching. Members of the Bethany Baseball staff will be there to provide small group instruction. This camp will be a great way for your son to refresh his baseball skills and at the same time get him ready for the spring baseball season.

If you have questions about hitting or pitching school please call Ryan Kragh

507-344-7868

or for more general information call

507-344-7859

BASEBALL SCHOOL INFORMATION

LOCATION:

Bethany Lutheran College
Sports and Fitness Center
700 Luther Drive
Mankato, MN 56001

INDOOR FACILITY:

Includes two full-size batting cages, several hitting drill stations, batting tee areas, pitching machines and indoor pitching mounds.

WHAT TO WEAR:

Baseball pants or sweatpants or shorts, t-shirt, baseball cap, and tennis shoes (clean and dry).

EQUIPMENT YOU SHOULD BRING:

| | |
|------------------------|------------------------|
| Hitting School: | Pitching School |
| *Bat | *Baseball Glove |
| *Batting gloves | |

TUITION:

\$100.00 per school or
\$150 for both Hitting and Pitching School

ENROLLMENT LIMIT:

100



This year's camp will have new technology that allows us to analyze your swing. Each camper will receive an e-mail attached with the video, drills, and ideas to work on.

WINTER BASEBALL SCHOOL DIRECTOR

RYAN KRAGH is entering his ninth season as a member of the Bethany Lutheran College coaching staff, and sixth as head coach. Prior to taking over the reigns of the program in 2005, Kragh was the Vikings' pitching coach for three years, working with squads that combined for a 71-52 record, including back-to-back NJCAA Region XIII Championships. In his five seasons as head coach, Kragh boast a 101-90 record with four straight UMAC Championship appearances. The Minot, N.D., native's baseball history is a rich one. Kragh was a four-year letter winner at the University of North Dakota, where his name appears in the top 10 of numerous pitching categories and his school record for career pitching wins was just recently broken.

After earning his bachelor's degree at North Dakota in Physical Education and Elementary Education, he pitched professionally with the Thunder Bay Whiskey Jacks of the Northern League. An injury cut his playing career short and he returned to his alma matter, coaching pitchers for three seasons. Under Kragh's tutelage, three pitchers were drafted and went on to play professionally. Kragh also headed up the American Legion baseball program for Jamestown, N.D., leading the Blue Jays to a fifth-place finish in the State "A" Tournament.

Kragh's dedication to the game is evident from his community involvement. He directs Bethany baseball camps throughout the year and spends his summer months involved in clinics and camps throughout southern Minnesota. Kragh also finds time to umpire many amateur and high school games in the Mankato area.